

## INFOPACK

### Training Course

## “P.R.O.U.D. - Promoting Rights and Opportunities to Understand Diversity”

January 30<sup>th</sup> (arrival) to February 6<sup>th</sup> (departure) 2020, Laguédie, France

Dear participants,

We are very glad to welcome you to the training “P.R.O.U.D.”. In this infopack you will find useful information regarding the project and as well as arrival details.

### Hosting organisation

**Solidarités Jeunesses** is a movement of non-formal education associations which places in its core values solidarity, voluntary commitment and a strong political will. Our choices and our actions are influenced by our vision of the society, where the progress is social; the respect of human beings and the environment is a fundamental and shared value; freedom to choose, to dream, and to resist is fostered.

Solidarités Jeunesses is composed by one national secretary based in Paris, eight regional delegations, and one partner association. Our delegations host volunteers from France and from all around the world. Furthermore, they host and provide assistance to young people with fewer opportunities, as part of inclusion and solidarity actions. All of our delegations and partners are situated in unique sites and environments. These places have all been renovated thanks to the work of our short- and long-term volunteers, workers and permanent staff.

**Association Citrus who is hosting this project** is a delegation of Solidarités Jeunesses. Founded in Toulouse in 2002, moved to Laguédie in 2012, one hour north-east of Toulouse. Volunteers live in a former home of the Companions of the Tour de France. The activities of the association are multiple, intense and bring people to mingle, work and sometimes live together. Heritage restoration, gardening, cooking, European cultural events, promoting volunteering, entertainment from various local associations, developing a network of local producers, are the association's current projects, proud of its roots in rural areas.

### What is this training about?

The project «Promoting Rights and Opportunities to Understand Diversity (P.R.O.U.D.)» is coordinated by Solidarités Jeunesses with the full support of the Alliance Gender Equality Working Group. The partners belong to the Alliance of European Voluntary Service Organisations, which are all well-established actors on the field of International Volunteer Service (IVS) who have been organising long and short-term volunteering projects.

One of our common aims is to fight against the discriminatory behaviour based on gender identity and sexual orientation, the growth of populist and xenophobic movements in different countries of the European continent. There is a common need of several organisations to confront gender based discrimination, sexism, harassment, and LGBTQI+ phobia in our workcamps and voluntary activities. Many kinds of discriminative situations such as sexist task allocations, sexist attitudes, homophobia, sexual harassment, and sexual abuse are happening in volunteering projects and P.R.O.U.D. will help deal with them and educate people to be more inclusive and tolerant.

**The main aim** of this project is to raise awareness on gender sensitive topics among youth workers, camp leaders and trainers, empower the IVS activities where they will be involved and provide them with new tools and methods to contrast gender-based discrimination.

**The main objectives of this project are:**

- provide local partners and camp leaders with tools and information regarding gender issues and how to deal with gender based conflicts in IVS;
- increase the quality of IVS projects and foster the skills of the youth workers, camp leaders and local partners' awareness raising process in different sensitive topics around gender issues;
- develop specific pedagogical approaches in the work with volunteers and experiment new methods to promote the active involvement and participation of the camp leaders in the fight against sexist and not-gender-inclusive approaches;
- promote gender sensitive approaches and contrast gender based conflicts in IVS by using existing educational methodologies;
- capitalize the results of the work done in the previous years, setting the ground for a larger widespread of gender sensitive approaches in the network;
- further develop the expertise in the field of IVS and innovative NFE approaches targeted to minimise gender based conflicts in IVS projects.

### Profile of participants

The participants of this training should be youth workers, staff members, trainers, active volunteers, future team leaders from Alliance Member Organisations.

They should be at least 18 years old with no upper age limit and able to speak and express themselves in English well.

Each organisation can choose their participants according to the profile mentioned by the 20<sup>th</sup> of December. As soon as your participants are identified, please ask them to purchase their travel tickets and fill in the form <https://forms.gle/ZnwSdjNqLksERFzu6>.

**Please, choose your participants carefully as we are targeting people directly involved in IVS movement and those who will deliver the results of the training to their sending organisations.**

### Visa

Those participants who need visa are kindly asked to send their passport details by the **16<sup>th</sup> of December** so that we could prepare invitation letters for you. Before buying your tickets please make sure that you have your visa to enter the EU.

### Venue and accommodation

The training will last 6 full days starting from the 31<sup>st</sup> of January to the 5<sup>th</sup> of February 2020 excluding travel days. It will take place in Laguépie in the south of France, a small village called Laguépie one hour North-East from Toulouse.

Address of the accommodation: Base Nautique à Laguépie

Please note that participants will stay in four-bed shared rooms with a bathroom and a shower. The meals will be provided next to the accommodation and will be prepared by the long-term volunteers.

The meeting room where the group will work during the day is situated in a different place in a 5 minute walk from the accommodation which means that the group will have to walk back to the accommodation once a day to have lunch.

## Dates

Please note that :

- you should arrive on Thursday 30<sup>th</sup> of January. Meeting point will be at Laguépie Railway Station at 18:30. From there, we will go walking to the accommodation which is very close.
- departure will be on Thursday 6<sup>th</sup> of February after breakfast from Laguépie Train Station.

We remind you that you have maximum 2 days outside of the project dates to stay in France before leaving to your country. In case you exceed this limit, we will not be able to reimburse you.

## How to reach Laguépie

### **By plane:**

The airports with the best connections are located in Paris or Toulouse Blagnac.

There are buses that make the connection between the airports and railway stations:

- In Paris: <https://www.parisaeroport.fr/en/homepage>
- In Toulouse: <http://www.toulouse.aeroport.fr/passagers/acceder/acceder-a-l-aeroport/la-navette>

### **By train:**

All train connections are managed on this website <https://www.oui.sncf/>

The most common connections to reach Laguépie from Paris are:

- PARIS AUSTERLITZ > TOULOUSE MATABIAU > LAGUEPIE
- PARIS MONTPARNASSE 1 et 2 > TOULOUSE MATABIAU > LAGUEPIE.

Feel free to contact Iryna by email or phone if you encounter any problems during your travel to the training: [projects@solidaritesjeunesses.org](mailto:projects@solidaritesjeunesses.org) - +33 6 99 94 84 04.

Please confirm your participation in the training and share with us your travel information following the link : <https://forms.gle/ZnwSdjNqLksERFzu6>

## Things to bring

Since the accommodation is situated next to the river it might be cold in the evenings in February. Please check the weather forecast before coming to Laguépie.

We ask you to bring:

- warm clothes
- comfortable shoes;
- toiletries;
- personal towel;
- your EHIC (European Health Insurance Card) or your personal insurance for those participants coming from outside of the European Union.

## Information on travel reimbursement

Only participants who attend the entire training can be reimbursed. We kindly ask you to cooperate with your sending organisation to arrange your journey (individual or together with other participants) in the most economical and ecological manner possible. Travel reimbursements will be done by Solidarités Jeunesses approximately **3 months after the end of the training** upon reception of all boarding passes and train/bus tickets.

Please keep in mind :

- you should purchase a return ticket using the most economical and most ecological means of transport;
- in order to be refundable your arrival and departure tickets should be on the same dates as dates of the training;
- please keep all travel documents with you (boarding passes, local transportation (bus, train etc.) in your country and local transportation in France);
- please bring along a hard copy of your ticket which we will collect during the training;
- once you return at home, please send all travel documents to Solidarités Jeunesses by email and regular mail (original invoice(s), boarding passes, e-tickets and/or bus/train tickets of your total travel expenses from home to the training venue or proof of payment in case of internet booking);
- taxi fares cannot be reimbursed.

After the project you will have to fill in an excel form that we will give you and send it back by e-mail **before the 12<sup>th</sup> of April 2020**. In addition, you have to send us all your tickets by e-mail to [projects@solidaritesjeunesses.org](mailto:projects@solidaritesjeunesses.org) and then by **original** post to:

### Solidarités Jeunesses

Secteur des échanges internationaux  
10 rue du 8 Mai 1945  
75010  
Paris, France

There will be 100% travel reimbursement up to the amount indicated in the table below based on the real costs of your travel.

Participating organisation, country	Number of participants	Maximum travel reimbursement per participant, euro
Armenia, <i>HUJ</i>	2	530.00€
Belarus, <i>LYVS</i>	2	360.00€
Belgium, <i>CBB</i>	2	275.00€
Finland, <i>Alli</i>	2	360.00€
Germany, <i>IBG</i>	3	275.00€
Italy, <i>Lunaria</i>	3	275.00€
Serbia, <i>YRS</i>	3	275.00€
Spain, <i>Cocat</i>	2	180.00€

The Republic of North Macedonia, <i>Association for Volunteerism Volonterski Centar Skopje</i>	2	275.00€
Turkey, <i>GHD</i>	2	360.00€
Ukraine, <i>Union Forum</i>	2	360.00€

## COORDINATORS OF THE PROJECT

**Gender Equality Working Group** [gewg.coord@alliance-network.eu](mailto:gewg.coord@alliance-network.eu)

If you have any questions regarding the project activities or the program, please contact the representatives of GEWG.

**Iryna Tomenko, Solidarités Jeunesses** [projects@solidaritesjeunesses.org](mailto:projects@solidaritesjeunesses.org)

If you have any questions regarding your tickets, travel days, reimbursements or anything else please contact Solidarités Jeunesses. We will be happy to help you out.

**See you soon in Laguepie!**